

## Step 1: Inspect Your Test Kit

Please read these instructions carefully before you start to collect the sample

**IMPORTANT:** Drop off your sample within the same day of your collection. Do **NOT** register, collect, or drop off your sample on a **Saturday or Sunday**.

1. Inspect your test kit to ensure all components are included:



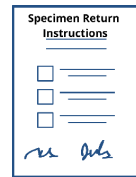
Nasal swab



Collection tube



Biohazard bag



Specimen Return Instruction

(provided by facilitator of your testing program)

## Step 2: Register Your Test Kit

1. Before collecting your sample, use your personal device to register at <https://covid19-test.pedicine.com/activate> or scan the QR code below with your camera app.

If registration is successful, a confirmation email will be sent. If you do not receive a confirmation email please contact us at [covid19-test@pedicine.com](mailto:covid19-test@pedicine.com)



If you have any questions, contact us at:  
[covid19-test@pedicine.com](mailto:covid19-test@pedicine.com) or (650) 300-2188

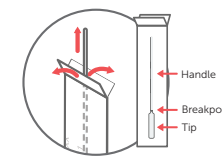
You can also check out our FAQ page at: <https://covid19.pedicine.com/#FAQ>

## Step 3: Collect Your Sample

**IMPORTANT: Before collecting your sample:** 1. Thoroughly wash and dry your hands & 2. Do not rinse your nasal cavity.

### Warning:

1. Small cap may pose choking hazard; keep out of reach of children when not in use.
2. You may experience sneezing, coughing or tearing during the sample collection.
3. The tip can **ONLY** touch the inside of the nostril.



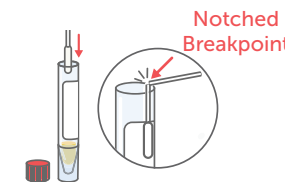
### 1. Take out nasal swab

Pull out the nasal swab from the wrapper by pulling the two ends of the wrapper apart (like you would to open a band-aid). Be careful to only touch the handle, not the tip.



### 2. Swab nose

Gently insert the **entire** soft tip of the swab into one nostril until you feel a bit of resistance and rub it in a circle around your nostril **4-5 times**. **Repeat in other nostril.**



### 3. Break off swab handle at the notched breakpoint on the handle

Open the collection tube. Place the swab, tip first, into the collection tube. **Break off** the swab tip at the notched breakpoint by bending back and forth at the top of the tube. The broken off handle can be discarded. Seal the collection tube using the same cap. Do not over-tighten the cap.

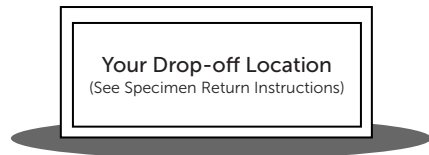
## Step 4: Pack and Drop Off Your Sample

**IMPORTANT:** After collecting your sample: Thoroughly wash and dry your hands.



### 1. Place tube in biohazard bag

Place the sealed tube into the biohazard bag and seal the bag.



### 2. Drop-off specimen (See Specimen Return Instructions)

Drop-off the specimen at a drop-off location ideally the same day that the specimen was collected - but no later than 24 hours after collecting the specimen. DO NOT drop-off the specimen if the drop-off location is closed. See the Specimen Return Instructions provided by the facilitator of the testing program.

## Step 5: Checklist

**IMPORTANT:** If you cannot check all of the boxes below, your sample cannot be processed

- I registered my kit.  
If you have not registered your kit please go back to step 1.
- I collected a sample from both nostrils.
- The nasal swab tip only touched my nostrils.
- I have placed the tip of the swab into the collection tube and broke the handle at the notched breakpoint.  
If you do not break the swab at the notched breakpoint, it can harm our machines and we will be unable to process your sample.

**IMPORTANT:** Results are expected to be delivered within 48 hours after sample receipt. Please contact us if you do not receive results within this time period. Results will be delivered electronically by text or email with a link to view your report. A text or phone call is made for all positive, invalid, or rejected specimens.

This product has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an EUA for use by authorized laboratories. This product has been authorized only for the detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens. The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of in vitro diagnostics for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.

# Predicine COVID-19 Self-Collection Kit Instructions (Bulk Use)

Thank you  
for taking your first step in  
being safe with us!

This collection kit is suitable for the following individuals:

For Use by Individuals 18 Years of Age and Older When Self-collected

For Use by Individuals 14-17 Years of Age when Self-collected Under Adult Supervision

For Use by Individuals 2-13 Years of Age when Collected with Adult Assistance

FOR Rx USE ONLY | FOR IVD USE | FOR USE UNDER EMERGENCY USE AUTHORIZATION (EUA) ONLY



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